Constituents of Stem Bark of *Callistemon rigidus* Showing Inhibitory Effects on Mouse α-Amylase Activity

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It is well known that the incidence of diabetes mellitus caused as lifestyle disease is increasing and has become something of a social problem in recent years. α-Glucosidase inhibitors, medicines that prevent elevation of postprandial blood glucose, can control blood glucose levels without depending on increased secretion of insulin and results in lowering the amount of insulin required after meals. A similar effect to that of these medicines can be expected as a result of α-amylase inhibition.

Although the influential factor seems to be an inconsistency in the source of enzyme, we have called attention to α-amylase in plasma and gastrointestinal tube of mouse and have surveyed crude drugs and plants that elicit inhibitory activity on this enzyme for the purpose of finding new uses of these materials.1,2) In this study, we found that stem bark of *Callistemon rigidus* (Myrtaceae) intensely inhibits α-amylase activity in isolated mouse plasma in vitro. Consequently, we investigated the active components in this plant and examined the inhibitory effects of these isolated components on α-amylase in mouse gastrointestinal tract in vivo.

**MATERIALS AND METHODS**

**Materials** Stems of *Callistemon rigidus* were obtained from plants in the medicinal plant garden at the University of Shizuoka. Glycogen was purchased from Nacalai Tesque (Tokyo) and acarbose was obtained from Bayer Pharmaceuticals (Osaka).

**Extraction and Isolation** Optical rotation was determined by JASCO DIP-1000 polarimeter. Perkin-Elmer FT-IR 1725X was used for measurement of IR spectra. Mass spectra (EI-MS) were taken on a JEOL JMS-DX 303 mass spectrometer. 1H- and 13C-NMR spectra were recorded with a JEOL alpha 400 spectrometer (400, 100 MHz) and chemical shifts are given in δ (ppm) with tetramethylsilane as internal standard (s = singlet, d = doublet, dd = double doublet, t = triplet). R-355-15-ODS (50 mm i.d.×50 cm, YMC Co., Ltd.)×2 was employed as the column for preparative HPLC. The mobile phase was 20% acetonitrile→25% acetonitrile (9 h, detected at 205 nm, room temperature) and the flow rate was 45 ml/min.

Stems were refluxed (for 1 h) three times with a five-fold volume of methanol and filtered, followed by removal of the combined solvent in vacuo. The extract was completely dried in vacuo. The residue was dissolved in water and successively partitioned between chloroform, ethyl acetate, and n-butanol three times each. After removal of the respective solvents, individual extracts were obtained. The yield of each extract is displayed in Table 1. Ethyl acetate extract was column chromatographed on silica gel (PSQ-100B, Fuji silyl) guided by inhibitory activity using chloroform–methanol as eluent to give compound 1 (yield, 2.30 mg/g of stem). Further purification of the fractions showing considerable activity by preparative HPLC gave compound 2 (tR, 5.5 h; yield, 0.91 mg/g of stem).

1 (Piceatannol): A colorless amorphous powder; MS (EI) m/z: 244 (M+). IR (KBr): 966, 1142, 1296, 1347, 1445, 1521, 1601, 3296, 3346, 3513 cm−1. 1H-NMR (CD3OD) δ: 2.63 (1H, t, J=2.0 Hz), 5.60 (2H, d, J=2.0 Hz), 6.78 (1H, d, J=7.5 Hz), 6.78 (1H, d, J=14.5 Hz), 6.86 (1H, dd, J=2.0, 7.5 Hz), 6.92 (1H, d, J=14.5 Hz), 7.02 (1H, d, J=2.0 Hz). 13C-NMR (CD3OD) δ: 102.6, 105.8, 107.4, 114.0, 116.4, 120.2, 125.7, 127.0, 129.7, 131.1, 141.3, 146.5, 152.1, 160.1, 162.7. Optical rotation was determined according to the Caraway method 3) using a kit (Amylase-Test Wako, Wako Pure Chemical, Osaka), as described previously.11 Cardiac blood was collected from the mice by heparin-treated cylinder and centrifuged to prepare the plasma. The plasma was diluted in isotonic sodium chloride solution to one-third and a 0.1 ml portion of each test sample adjusted to each final reaction concentration in dis-
tilled water was added to the mouse plasma for assay. Inhibitory activity (%) was calculated as \((1 - B/A) \times 100\), where \(A\) is the activity of the enzyme without test solution and \(B\) the activity of the enzyme with test solution.

**Estimation of Blood Sugar** The assay was performed according to the \(O\)-toluidine-boric acid method\(^1\) using a kit (Glucose-Test Wako, Wako Pure Chemical, Osaka) as mentioned previously.\(^{1,2}\) Administration of samples and arrangement of plasma were also conducted as described previously.\(^1\) Each test solution was given orally to the mice at a constant injection volume of 0.3 ml/30 g body weight.

**Statistics** Statistical analyses were carried out using Student’s \(t\)-test. Values with \(p<0.05\) were regarded as significant.

### RESULTS AND DISCUSSION

*Callistemon rigidus*, with its origin in Australia, is one of the deciduous arbores classified in Myrtaceae. Monoterpenoids and sesquiterpenoids have been identified as ingredients of the essential oil in the leaves,\(^{5,6}\) seeds,\(^6\) and fruits.\(^7\) Flavonoids\(^8\) and triterpenoids\(^9\) have also been reported to be constituents of the leaves.

Methanolic extract of the stem bark of *Callistemon rigidus* showed inhibitory activity of about 83\% on isolated mouse blood plasma \(\alpha\)-amylase at a final concentration of 300 \(\mu g/ml\) in the reaction solution. Acarbose, a \(\alpha\)-glucosidase inhibitor, was utilized as positive control (final concentration in reaction solution, 50 \(\mu g/ml\)). This inhibitory action of methanolic extract was concentration-dependent and the IC\(_{50}\) was 81.1 \(\mu g/ml\).

The methanolic extract was dissolved in water and successively distributed between chloroform, ethyl acetate, and \(n\)-butanol to prepare the respective extracts. Ethyl acetate and \(n\)-butanol extracts showed intense inhibition of \(\alpha\)-amylase by about 45.8\% and 51.1\%, respectively, while the chloroform extract exhibited no action. The final concentration of each extract in the reaction solution was calculated as 300 \(\times\) (yield of each extract/yield of methanolic extract) \(\mu g/ml\). All of the results described above coupled with the yields of extracts are revealed in Table 1.

Furthermore, ethyl acetate extract was fractionated with the guidance of inhibitory activity on \(\alpha\)-amylase using silica gel column chromatography and preparative HPLC to isolate two compounds, \(\text{1 and 2}\). Compound 1, obtained as colorless amorphous powder, was identified as piceatannol, one of the stilbenes widespread in plants, such as *Picea sp.*\(^{10}\) grapes,\(^1\) rhubarb\(^1\) and others, based on the various spectral data. Compound 2, isolated as a dark brownish amorphous powder, was concluded to be scirpusin B, a constituent of *Scirpus fluviatilis*, based on comparison of the various spectral data with those in the literature.\(^{13,14}\) Since nuclear Overhauser effects were observed between each dihydrofuraran ring proton (\(\delta 4.38, 5.32\)) and ortho position protons (\(\delta 6.19, 6.67, 6.79\)) on both benzene rings joined with the dihydrofuraran ring carbons bearing each dihydrofuraran ring proton, 2 was speculated to be trans-type scirpusin B. Moreover, 2 was presumed to be racemate (\(\left[\alpha\right]_D^{20} = 0.0^\circ\)). This is the first time that these compounds have been found in *Callistemon rigidus* (Fig. 1).

The inhibitory actions of both constituents were concentration-dependent and the IC\(_{50}\)'s of 1 and 2 were 457.0 and 90.5 \(\mu m\), respectively, which are mild compared with acarbose, at 45.4 \(\mu m\). Some constituents of plants that exhibit inhibitory effects on \(\alpha\)-amylase activities have recently been reported.\(^{15-17}\) Here, piceatannol (1) and scirpusin B (2) have been newly applied. It is known that 1 inhibits various enzyme activities.\(^{18,19}\) 2 is also known as a xanthine oxidase inhibitor.\(^20\) Other \(\alpha\)-amylase inhibitors are expected to be found in \(n\)-butanol extract of stem bark of this plant.

Compounds 1 and 2, which exhibited influence on \(\alpha\)-amylase in isolated blood plasma *in vitro*, have the potential to inhibit this activity in mouse gastrointestinal tract. Therefore we successively evaluated the depressive effect of these components on rise of blood glucose level in glycogen-loaded mice. As a result, no variation of blood glucose level 30 min after oral administration of 1 (400 mg/kg) followed by administration of glycogen (1500 mg/kg) was observed. In contrast, 2 at a dose of 400 mg/kg significantly repressed increase of blood glucose 30 min after oral administration of glycogen (1500 mg/kg) by about 21.6\%, an extent of about half that of the depression caused by acarbose (positive control, 400 mg/kg, *p.o.*). Moreover, change of glucose concentration in glycogen-loaded mouse plasma after oral administration of scirpusin B was investigated. As shown in Fig. 2, blood glucose level reached maximum at 30 min and gradually decreased thereafter. Scirpusin B significantly depressed this increase 15 and 30 min after being given.

It has been said that disturbing absorption of glucose derived from meals in the gastrointestinal tract is helpful to remedy mild cases of non-insulin-dependent (type 2) diabetes mellitus that cannot be controlled by either diet or exercise. Suppression of abnormal increase of blood glucose level after meals is considered effective as preventive measure against type 2 diabetes mellitus, as well as against cardiac and vascular diseases. Folk medicinal use of essential oils of *Callistemon rigidus* has been recorded against cough, bronchitis, and respiratory infections in Europe.\(^21\) Our studies

### Table 1. Inhibitory Activities of Extracts from *Callistemon rigidus* on \(\alpha\)-Amylase in Mouse Plasma

<table>
<thead>
<tr>
<th>Extract</th>
<th>Yield (mg/g)</th>
<th>Concentration ((\mu g/ml))</th>
<th>Inhibition (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Methanol</td>
<td>29.0</td>
<td>300</td>
<td>82.9</td>
</tr>
<tr>
<td>Chloroform</td>
<td>9.0</td>
<td>93.1</td>
<td>8.5</td>
</tr>
<tr>
<td>Ethyl acetate</td>
<td>7.2</td>
<td>74.5</td>
<td>45.8</td>
</tr>
<tr>
<td>(n)-Butanol</td>
<td>4.6</td>
<td>47.6</td>
<td>51.1</td>
</tr>
<tr>
<td>Water</td>
<td>6.8</td>
<td>70.3</td>
<td>40.2</td>
</tr>
<tr>
<td>Acarbose</td>
<td>50.0</td>
<td>10</td>
<td>63.1</td>
</tr>
</tbody>
</table>

\(a\) Concentration of test sample in reaction solution was calculated as 300 \(\times\) (yield of each extract/yield of methanol extract) \(\mu g/ml\).
suggest a new biological activity of this plant and its constituent scirpusin B, namely, they may mildly inhibit α-amylase activity in the gastrointestinal tract, and consequently this may be expected to contribute clinically to gentle improvement of postprandial hyperglycemia in diabetic patients.

Fig. 2. Variation of Blood Glucose Level in Glycogen-Loaded Mouse Plasma after Oral Administration of Scirpusin B

○, scirpusin B (400 mg/kg, p.o.) and glycogen (1500 mg/kg, p.o.); ●, glycogen alone (1500 mg/kg, p.o.); △, without glycogen and scirpusin B. All values represent the mean of 3 mice/group. Vertical lines show the standard error of the mean. ∗ Significantly different from control, p<0.05.

REFERENCES

4) Sasaki M., Rinsho Byori, 12, 434—437 (1964).